

Class : P.6_____

Name : _____ ()

Date :

Marks :

Alan is reading an article in a magazine. Read the article carefully, choose the best answers for Questions 1-5 and complete Question 6.

Study Guide

Prepared by Michael Lee

There is no way of studying which suits all students. Some students find that noise distracts them; others prefer to have music in the background. Everyone has to develop his/her own effective study skills.

For effective study, try the following:

- ✓ work in the same room for all your study sessions
- ✓ have a comfortable chair, and a desk on which you can spread out your reference books, dictionaries, textbooks, worksheets, etc.
- ✓ get all your stationery, notes and textbooks ready
- ✓ switch off your mobile phone

There are some basic study tips:

- It is important to study at the best time of the day. For some people, the 'best time' is as soon as they get out of the bed in the morning. Others do their best work at night. There are those who think their 'best time' is when everyone else is asleep. These differences suggest that people should figure out their own 'best time'. You are the one to decide when you are at the best. Try to spend half of your 'best time' studying every day.
- During a long study period, a few 5-minute breaks are **essential**. Make sure you have a break between study sessions. You can go for a walk or get yourself a drink. Avoid long study sessions. The longest duration for a study session should be less than an hour.
- You will generally find it easier to concentrate on subjects you are interested in. A good start would be to revise your favourite subject first. If you find it hard to concentrate after ten minutes, then try switching to another subject.

** *Remember:

Great Efforts + Effective Study Skills = Good Results

1. In line 3, '**way**' means _____.
- A. a method of doing something
 - B. a road or a route to a place
 - C. information about how to study
 - D. effective study skill
2. Which of the following statement is TRUE?
- A. Different students like different music.
 - B. All students do not like studying in a room with noise.
 - C. It is the best to study in a room with lots of reference books.
 - D. Different students have different effective study skills.
3. Which of the following is NOT the 'best time' for studying according to the study guide?
- A. when the others are sleeping
 - B. when people get up in the morning
 - C. night-time
 - D. when people are sick
4. Read line 8: 'During a long study period, a few 5-minute breaks are essential.' What does '**essential**' mean?
- A. suitable
 - B. possible
 - C. completely necessary
 - D. really wonderful
5. Which is the longest duration for a study session?
- A. 45 minutes
 - B. 55 minutes
 - C. 60 minutes
 - D. 65 minutes
6. Alan's friend, Joseph will have examinations next week. Alan is writing a note to him. Read the article and help Alan finish the email by using only ONE word for each blank. Make sure your answers are grammatically correct.

A

D

D

C

B

Dear John,

Are you worried about your exams next week? Here are some tips for how to study (i) effectively. Find out your 'best time' for studying and take a short break when necessary. Try to revise your favourite subject first if you find it

(ii) easier to concentrate.