



Name: \_\_\_\_\_ ( )

Class: \_\_\_\_\_ Date: \_\_\_\_\_

### 3 Healthy eating

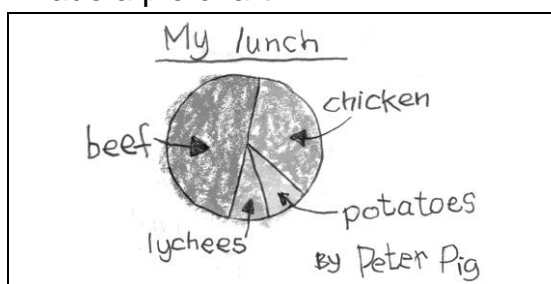
## Reading

The three little pigs were late for school again.

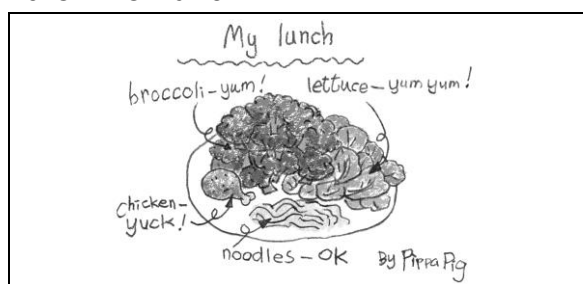
'We were hiding from the big bad wolf,' they said. 'We couldn't run away – we're not fit.'

'You need to eat healthy food,' said Mr Grunt. 'What did you eat for lunch?'

Peter Pig was good at Maths. He made a pie chart.



Pippa Pig was good at Art. She drew her lunch.



Paul Pig was good at English. He wrote a report.

My lunch

At lunchtime I ate a few vegetables – half a tomato, four peas and a baby carrot.  
 I also ate a little fruit – two cherries and three grapes.

By Paul Pig

'Oh dear!' said Mr Grunt. He wrote a report and sent it to Mrs Pig.

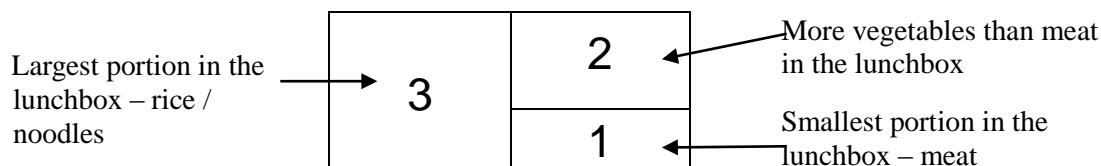
This report is to help the three little pigs eat healthier food.

Peter Pig is very fat. He eats a lot of meat. He needs to eat less meat. He only eats a little fruit. He needs to eat more fruit.

Paul Pig is very thin. He needs to eat more — of everything!

Pippa Pig is always tired. She only eats a lot of vegetables. She needs to eat more meat and more rice or noodles.

Please remember Smart Lunch '3 2 1'!



Mrs Pig read the report. 'What a good idea!' she thought.

Three months later the little pigs could run faster than the old wolf. They were not afraid of him anymore. You could say that the '3 2 1' rule saved the lives of the three pigs. Try '3 2 1' — it may save your life too!

# Post-reading

Write the answers and tick ( ✓ ).

1 Why couldn't the three little pigs run away from the big bad wolf?

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2 Which little pig loves vegetables?

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3 Paul Pig wrote a report because he was \_\_\_\_ .

- A. good at drawing
- B. good at doing sums
- C. good at writing in English
- D. good at cooking

4 The purpose of Mr Grunt's report was to tell \_\_\_\_ .

- A. Mrs Pig how to help the three little pigs eat healthier
- B. Peter Pig to eat more meat
- C. Paul Pig to eat more fruit only
- D. Pippa Pig to eat more vegetables

5 What happened to the three little pigs in the end?

- A. They were late for school again.
- B. They asked the wolf to try Smart Lunch '3 2 1'.
- C. They became fit and ran faster than the wolf.
- D. The big bad wolf ate the little pigs.